

Jason Abramovitch Stage IV Thriver



"Through some incredible friends I've made over my journey, I was provided information about CCRAN and reached out immediately. I was contacted by Filomena and Cassandra that same day and quickly had an appointment set up for the following day. This meeting was such a huge relief as I was provided with clear and accurate information that I was able to understand that helped me have a better understanding of my situation. Importantly, this gave me confidence, hope, and some direction in a very emotional and difficult few days upon navigating this news."

Contact Us

We are eager to help you on your journey



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About The Colorectal Cancer Resource & Action Network (CCRAN)

CCRAN is a national, **patient-focused** advocacy group championing the health and wellbeing of Canadians touched by **colorectal cancer** and others at risk of developing the disease. We provide **support, education, and advocacy** to patients (and their caregivers) to help improve patients' **quality of life**, as well as their **longevity**.

Thank You to Our Program Sponsors



Diagnosed With Colorectal Cancer Under The Age of 50 Years? *We Can Help!*



SCREEN IT, TREAT IT, BEAT IT!
Together, Anything Is Possible!



Patient Programs

We offer a wide range of evidence-based programming tailored to younger adults experiencing colorectal cancer, from support groups to expert consultations.



Early Age Onset Cancer (EAOC) Symposia

In response to the rising rates of cancer in younger adults, CCRAN hosts a virtual symposia series. These symposia bring together diverse perspectives to address the unique needs and challenges of EAOC patients and stimulate **discussion on optimal care pathways** through screening, diagnosis, treatment, and survivorship.



My Cancer Companion

A **peer-to-peer support program** that matches patients with a peer companion to ensure that no one suffers the isolation often associated with a cancer diagnosis. Patients are matched according to disease type and stage, age, cultural background, sexual orientation, and so much more.



Monthly Information/Support Groups

CCRAN hosts Canada's **largest and longest running** colorectal cancer information and support group. This includes stratified groups specifically for the younger adult population which are open to patients of all stages and their caregivers.



My Colorectal Cancer (CRC) Coach

My CRC Coaches are **trained and certified** to guide patients through their screening, treatment, or survivorship journey. The aim is to help patients cope more effectively and assist patients in making informed decisions regarding their care.



One-on-One Patient Consults

CCRAN staff are always pleased to connect one-on-one with patients and caregivers to provide support and **evidence-based information**.

Patient Resources

Our website is furnished with many more informative resources for patients to access from the comfort of their home.



My Early Age Onset Colorectal Cancer (EAOCRC) Hub

An online hub catered to the **unique needs and challenges** of EAOCRC patients. It includes detailed information on colorectal cancer and potential therapeutic treatments.



EAOCRC Chat Bot

Online information sources can be difficult to navigate and may contain misinformation. CCRAN's Live EAOCRC Chat Bot permits patients to connect directly with experts from our **Medical Advisory Board**.



My CRC Consultant

An online tool that provides **metastatic colorectal cancer patients** with a personalized report outlining potential treatment options to discuss with their treating oncologist based on their tumour's biomarker status.



My Foods for Life

An overview of nutrition recommendations to follow after a cancer diagnosis - wherever possible. This includes insights into **nutrition goals during cancer treatment**, nutrition-based strategies to help manage symptoms and side effects, and the opportunity to connect with a Registered Dietitian.



My CRC Treatment Side Effects

An online tool for patients who are or will be undergoing drug therapy for CRC treatment, providing patients with information on the **management of treatment-induced side effects**.